



HOPEWELL-LOUDON HIGH SCHOOL CHIEFTAIN PRIDE BASKETBALL

Head Coach Roger Jury

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Dear Parents/Players,

Summer 2018

Proposed/tentative summer basketball dates as of 4-16:

May 28-29-31		OFF – Enjoy your holiday and first days out!
June/July	7-V	@ Wts/open gym – 8-11 am – prob Tues/Fri
June/July	7-V	Scarlet & Gray, 5-8:30 pm, open gym, Wednesdays
May 30, June 1	7-V	Weights/open gym 10am -1pm (Su. kick off)
June 2	V(JV)	@ Lake Erie College 10:30 am-4/4:30
June 4	V/JV/F	@ Riverdale- open gym, 6-9 pm
June 6	V/JV/F	@ Riverdale- open gym, 6-9 pm
June 5-7	Grades 1-7	HL Summer Camp! (8:30 am-11:30, assist)
June 10-12	8-12	@ Eastern Ohio Team Camp – ck in 8:45-10:45
June 14	V/JV (F)	@ Elmwood 8:30 am – 1:30/3 champ.
June 16	V	@ Denison – 10 am ?
June 18	V	@MVNU, 10 am start
June 20	V/JV (F)	@ Elmwood SO 8:30 am-1:30/3 HL
June 21	V/JV/F	@ CC w/Willard – 2 games/OG, 5-9 pm
June 25	V	@ Fort Laramie – 9:40 first game/4:30 champ
June 26	V/JV/F	@ Wynford w/Galion – 5-8 pm OG
June 27	V/JV/F	@ Riverdale- open gym, 6-9 pm??? TBD ???

June- July/if #s permit 7/8 @ Fremont Rec.League
***7th Wednesdays, 8th Mondays, early afternoons- starts June 11& 13/ payment due asap

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April and May	Open gyms - various locales - TBA
June-July	Open gyms, 5-9 pm, Wednesdays-both gyms – upper elem-12th (minus 1 st two weeks/July – due to holiday/gym cleaning)
July 1-July 15	HS Gym closed for cleaning – may not take that long
June 1-10	Chieftain gym closed for cleaning - may not take that long

I look forward to working with you all both this spring and summer! Weights, open gyms, Friday am early - open shooting, conditioning, etc. are taking place this spring and will continue in June and July; 4-man drills may be scheduled before or after these events. An option to work out at XT Fitness in Findlay will be discussed. Be sure to secure these seasonal schedules via Coach Jury, the basketball website, announcements, Remind, Twitter, etc.

We will observe the OHSAA dead period of August and give some additional family/school time (away from basketball related events) through Labor Day. During this time lifting only will take place 2x/week for those who have no other athletics, activities etc. Weights/conditioning/open gyms/etc. will be planned starting in September just after Labor Day through official practice which begins on Friday, November 2nd. I encourage all students to consider participating in a Fall sport, but if you do not, all of these off-season events are optional opportunities to provide excellent strength, conditioning, and skill advancement. Whatever you do, do it well!

Let's Go Chieftains!

Coach Jury